

Tiffany Cooper

Curriculum Vitae

SAG-AFTRA, AEA

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www.Tiffanycooper.com

www.Tiffanycoopercoaching.com

Performing Artist . Master Teacher . Executive Speech Coach . Certified Life Coach

EDUCATION

Bachelor of Science

Speech Communications and Theatre with a Dance Minor

Murray State University

College of Humanities and Fine Arts, Murray, KY

Concentration: Classical Theatre, Musical Theatre, Classical Ballet, Modern and Jazz Dance

Awarded Theatre and Dance Scholarships

Recipient of the Robert E. Johnson Award for Theatrical Excellence

Teaching Artist Certificate

The Actors Fund of America, Teaching Artist Program - New York, NY

Certified Life Coach Practitioner

Learning Journeys - The International Center for Coaching

Accredited through the International Coach Federation (ICF)

PROFESSIONAL AFFILIATIONS/MEMBERSHIP



- Screen Actors Guild and American Federation of Television and Radio Artists
SAG-AFTRA – *Member*
- Actors Equity Association AEA – *Member*
- Toastmasters Of America – *Former Member*
- Alaska Public Media – *Leadership Circle*
- Alaska World Affairs Council – *Former Member*
- TEDx Anchorage – TEDx Speaker Coach and *Committee Member*
- TEDx Ashland – TEDx Speaker Coach and *Committee Member*
- Ashland Independent Film Festival – *Past Board Director*
- Theater Latte' Da – *Board Director*
- *Global Minnesota – Member*

PROFESSIONAL ARTS TRAINING (See performing resume)

ACTING TEACHERS (partial list)

Deryn Warren, Edward Morehouse, Barry Shapiro, Mathew Corozine, Stanford Morris, Bill Hopkins, Mary Egan, Peter Miner, Erica Jensen, Michelle Hutchison, Jordon Woods

EXECUTIVE SPEECH COACH AND CERTIFIED LIFE COACH

Developed independent coaching system for CEOs, senior executives, political candidates, TED Talk speakers, keynote speakers, and organizations to command public speaking presentations and create memorable and inspiring speeches.

Partial client list

International Festival of Arts and Ideas, New Haven, CT

An internationally renowned festival in New Haven, CT, with world-class artists, thinkers and leaders, attracting and engaging broad and diverse audiences, celebrating and building community, and advancing economic development.

Executive Speech Coach

- Provided three full company coaching sessions across three months. Level up your performance: *How to speak with confidence*, *Speak to persuade: How to influence your audience*, *Pitching organizational vision and mission*.
- Provided leadership coaching to executive director and five senior team members
- Created short-term and long-term personal and company goals related to the work

Women's Leadership Conference of Southern Oregon

The conference provides both personal inspiration and practical application to promote more equitable representation of women leadership at every career level and all stages of personal growth.

Executive Speech Coach

- Partnered with conference keynote speaker to develop a compelling keynote speech
- Coached keynote speaker on general delivery techniques including body language and speaking performance.

**Alaska Women Ascend: Training Women to Win Public Office
Annual Political Campaign Training Conference**

Executive Speech Coach

- Annually, provide multiple full group and one-on-one coachings
- *Speaking Without Fear: How to reduce public speaking anxiety*
- *Preparing for the Art of the Interview*
- *Nailing Your Presentation*
- *Speaking like a Pro*
- *How You Sound and Look*

U.S. Senate Candidates (Alaska and Oregon)

Political Campaign Speech Coach

- Polished campaign stump speech
- Created a “role play” scenario using campaign stump speech
- Worked on vocal variation, body language and overall presentation
- Taught techniques for successful TV, radio and print media interviews
- Worked with campaign manager

Gubernatorial Candidate, Oregon

Political Campaign Speech Coach

- Polished campaign stump speech
- Created a “role play” scenario using campaign stump speech
- Worked on vocal variation, body language and overall presentation
- Introduced TV, radio interview, dealing with the media techniques
- Worked with campaign manager

TEDx Ashland (Ashland, Oregon)

Speech Coach and Committe Member

- Reviewed over 200 TEDx Ashland applications
- Committe member duties; collaborating and creating a theme
- Coached each speaker, one-one one 4-5 times before the event
- Worked on vocal variation, body language and overall presentation
- Co-curated speaker order based on topic for the event

Arctic Energy Summit, Fairbanks Alaska

Alaska Center for Energy and Power

University of Alaska Fairbanks

Discovering the energy of the ARCTIC and it's PEOPLE

Transitioning the Arctic: Indigenous Peoples and Rural Sustainability

Executive Speech Coach

- 3 Day speaker coaching sessions for 10 speakers on the topic of arctic energy
- Trained the group with TED-Style speaker tips including:
- Determined the goal and “type” of speech (Educate, Persuade, Inspire and Entertain)
- Scripting - crafting an effective speech outline, developing the opening, body and closing of the speech

- Demonstrated how to create effective presentation slides
- Coached on body language
- Voice and Energy in the speech - using vocal technique and vocal variation
- Worked on timing and being off notes/book
- Home work assignment given

Anchorage Public Library, Lousacc Main Branch, Anchorage, Alaska

Executive Speech Coach

- Provided three full day speaker coaching session for 10 library staff . The goal was to train select staffers to give TED-worthy presentations, using personal stories
- Planned the basic structure of the presentation
- Helped identify speaking goals
- Helped the speaker communicate their point of view effectively
- Helped set the right benchmarks
- Developed the storytelling and human connection to the presentation
- Voice and Energy in the speech - using vocal technique and vocal variation
- Body Language - using stage acting techniques
- Homework assignment given

TEACHING EXPERIENCE

PROFILE

- Theatre, Commercial and Film professional with Arts Education training utilizing Multiple Intelligence Theory
- Work best with middle school, high school and college students
- Provide instruction and practical advice in training and performance with goal of increasing understanding, skills and confidence
- Audition technique (TV, Film, Musical Theater, Theatre) with provided scripts
- Improv and Theatre Games
- Providing practical career knowledge: Community Theatre to Broadway
- Utilizing interactive drama to explore social issues such as violence prevention, exclusion, community building and self-esteem
- Song Interpretation
- Poem and Lyrical Interpretation
- Health and Fitness

Teaching Artist

Creative Arts Team

City University of New York, New York, NY

The Creative Arts Team (CAT) at The City University of New York uses the power of drama to inspire youth to learn more. Character, collaboration, story, and the dynamic relationship between actor and audience form the basis of CAT's approach.

- 3 month residencies for 9th & 10th grades, class sizes 15-23, 45-50 minute classes
- Utilized theatrical game oriented curriculum to help students understand issues relating to harassment and bullying
- Presentations explored overt and subtle circumstances that could lead to explosive incidents
- Distinguished non verbal triggers in harassment situations
- Provided techniques to develop self advocacy skills

CREATIVE PROCESS AND DEMONSTRATIONS

- Create short and long-term school and after-school residencies
- Integrating the arts throughout the curriculum as a way engaging all types of multiple intelligences in the learning process.
- Poem and Lyrical Interpretation
- Song Interpretation
- Improv and Theatre Games
- Provide higher education and on-going development for the professional artist, as well as the professional artist.
- Teach discipline-specific learning in the arts: visual art, dance, theater, music, poetry, etc
- Providing practical career knowledge: Community Theatre to Broadway
- Work best with middle school, up to professional status

Master Classes and Workshops (Selected list)

Master teacher, AEA, SAG-AFTRA actress, singer, dancer and producer with more than 30 years experience in the entertainment business including television, Broadway, regional theater, national and international shows, commercials, concerts and recordings. Her arts education experience is grounded in many years of production-based outreach and includes teaching artist certification from The Actors Fund of America. As a teaching artist, she has served with the City University of New York's Creative Arts Team, New York City School Districts, Broadway Brothers and Sisters, Florida State College, Mercy Academy, the Anchorage School District and Anchorage Community Theatre, to name a few. She has presented her master classes and workshops in Kentucky, Florida, New York City, Alaska, Oregon, and Minneapolis. Tiffany's greatest joy is teaching students through the arts to help them succeed in all aspects of their lives.

Customized workshops and master classes for professionals, amateurs and students. Each workshop and master class is uniquely created to encourage, teach and tap into one's full creative potential as an artist. Whether the goal is to pursue a Broadway career or exceed in local theater, the workshops and master classes aim to provide the training, education empowerment and offer tools to gain more confidence and creative courage needed to achieve your goals. Tiffany is also a public speaker coach and certified life coach. Classes can be adapted to different populations from professionals to students to non- professionals of all ages.

Ordway Center for the Performing Arts (Cohort Faculty) MN

The GreenRoom Musical Theater Intensive Training Fellowship

The Ordway's GreenRoom is a one of a kind, paid, intensive musical theater training fellowship created by and for marginalized artists.

Throughout the six-week program, 10 selected fellowship positions combine collaborative, experiential learning with 1-on-1 mentoring and coaching.

GreenRoom's core faculty is a roster of accomplished artists from the Twin Cities and beyond. Their professionally curated curriculum looks to instill the skills, understanding, and confidence necessary to excel in musical theater. In partnership with guest speakers and teaching artists, content covers acting, vocal technique, movement, and auditioning, as well as special master classes on business development, public speaking, and wellness.

Tiffany created a course called *The Artist Toolbox: The Business and Marketing of the Performing Arts*, which is used at the **Ordway Performing Arts center**, for *The Green Room Intensive Musical Theater program*.

MOVING POETRY: POETRY STORYTELLING THROUGH MOVEMENT

This interactive workshop explores three poems by different poets, using exercises and music. Students will use improv dance movement to create a 'moving poem' using story-telling technique to find ones unique voice. Students work on vocal variation, rhythm and interpretation. This workshop prepares participants to find depth in public poetry readings and expand their thinking for greater possibilities.

BROADWAY MUSICAL THEATRE AUDITION WORKOUT: STORYTELLING THROUGH SONG

Lacking confidence in your musical theater auditions? Suffering from performance anxiety? Walk into your next audition prepared and confident!

This two hour master class is suitable for the beginner or career veteran. It is designed for participants to learn professional audition protocol, how to select the best 16-bar music cut and introduce the audition process that takes place in-person or zoom. Students will learn how to connect to the story within the song and recite lyrics like poetry. There will be real-life mock audition exercises explored. This master class promotes self-confidence and creative drive.

WELLBEING AND CREATIVITY IN THE ARTS : *EXPLORING A HEALTHY MINDSET THROUGH THE ARTS*

This workshop explores self-care, personal growth, emotional resilience, connection and coping skills through expressive channels, such as drama, visual art, music, movement and interactive exercises. Participants in *Wellbeing In The Arts workshop* will learn creative tools for guidance and create a “Your Values and Passions” vision board. The goal is for participants to walk away with a deeper connection, new tools and a reset in their spirit.

Disclaimer: This workshop is not meant to replace mental health support or psychotherapy. Tiffany is a certified life coach and the workshop is designed through a coaching lens.

LONGEVITY IN THE THE PERFORMING ARTS BUSINESS: *NETWORKING TOOLS AND LEARNING HOW TO BE RESOURCEFUL*

To have a long and successful career as a performing artist requires more than acting. You have to understand how the business works, create a personal marketing plan and convince casting directors you're the right choice for the job and more. In this workshop, participants will learn some of the latest marketing strategies; headshots, resumes, bios, reels, social media, networking, and finding the right mentors. Participants walk away with a greater understanding how they want to contribute to society as an artist.

FEAR OF PUBLIC SPEAKING FOR YOUNG ADULTS: *LEARNING HOW TO SPEAK WITH CONFIDENCE AND TACKLE ANXIETY AROUND PUBLIC SPEAKING.*

This workshop or masterclass is two parts interactive and lecture. The workshop supports speaking with confidence, overcoming public speaking anxiety, speech structure, timing and speech crafting, with a focus on *story-telling* and winning over audiences. Learning to speak well and communicate with confidence at a young age helps prepare youth for successful futures.

GUEST LECTURES AND PROFESSIONAL PRESENTATIONS

Guest Lecture and Performing Artist — The Intersection Between Art and Faith

Abilene Christian University

College of Theatre and Musical Theatre, Abilene, TX

- Keynote Speaker in Chapel - *The Intersection Between Art and Faith*
- Guest Artist Q &A for donor luncheon
- Performed Musical Theatre song selections
- Debut Jazz CD *Satin Mood: A tribute to Julie London* Origin story presentation and sold 20 CDs

Guest Lecture --The Business of the Performing Arts

Murray State University

College of Humanities and Fine Arts, Murray, KY

- Provided advice in preparing for and navigating a career in the performing arts
- Do's and Don'ts of a professional headshot and resume
- Provided advice on resisting the desire for immediate success, and ways to enjoy the journey
- Provided advice on how to find sustainable work while being creative

Guest Lecture -- How to Stay Empowered While Pursuing Your Dream

Florida State College at Jacksonville, FL

DanceWORKS

Developed and performed original dance work, and presented lecture/workshop, class size 20 that explored the facets of a balanced career/life including

- Holistic approaches to creation and career building
- The importance of maintaining healthy relationships
- Measurable goal-setting techniques
- Kinesthetic, visual-spatial, musical-rhythmic and interpersonal intelligences

Sessions culminated in a final performance before entire student body and faculty

DANCE ADJUDICATION

Dance Adjudicator, 2009 to present

Midwest Starz Annual Regional and National Competitions

Monticello, MN; Kalahari Resort, Wisconsin Dells, WI

Member of national team of talent judges recruited annually to judge technique, presentation, costume, appearance and choreography of multiple-day competition featuring a wide variety solo and ensemble participants.

Dance & Fitness Instructor

PROFESSIONAL PERFORMING ARTIST RESUME

(See Artist Resume)

COMMERCIALS & VOICE OVER WORK

upon Request

COMMUNITY SERVICE & OUTREACH

Sing For Your Seniors, NYC, NJ, FL, KY

Sing For Your Seniors is a nonprofit organization that enriches lives through the universal language of music by bringing professional performing artists to the communities of seniors in need to entertain, foster intergenerational connection and create shared joy. Proudly focusing our service to low-income senior communities, LGBTQ+ elders, veterans and those living with Alzheimer's and dementia, SFYS is an eight-time recipient of the Quality of Life grant from

- Singing 3-4 songs with 3 other singers to various senior centers across the country.

Broadway Cares/Equity Fights AIDS and a member of the Alzheimer's Foundation of America.

Miss Alaska Scholarship Foundation, Anchorage, AK

The Miss Alaska Scholarship Foundation pageant is part of the Miss America Organization. The program provides contestants with the opportunity to enhance their professional and educational goals, and to achieve those pursuits with the assistance of monetary awards and tuition-based scholarships.

- *Panel Judge*

Faith Christian Community Church, Anchorage, AK

Faith Christian Community Church is an inclusive community church with 40 countries represented in its congregation.

- *Holiday Gift Distribution*
- *Fellowship and Scriptural Study*

Community of Hope, New York, NY

The mission of the Community of Hope is to model the compassion of Christ through the meeting of people's physical and spiritual needs. Community of Hope serves homeless and underserved populations in Upper Manhattan.

- *Food Preparation*
- *Clothing Distribution*
- *Hygienic Counseling*

Broadway Cares/Equity Fights AIDS, New York, NY

Broadway Cares/Equity Fights AIDS is one of the nation's leading industry-based, nonprofit AIDS fundraising and grant-making organizations. By drawing upon the talents, resources and generosity of the American theatre community, since 1988 BC/EFA has raised more than \$225 million for people with AIDS and other critical illnesses across the United States.

- *Christmas caroling with colleagues/Broadway performers*

Broadway & Touring Show Talkbacks

New York, NY and various communities across the United States

Post-Show performance talkbacks enhance the audience experience by providing answers to questions about a particular show. On Broadway, the talkbacks are usually offered after every Preview performance. On tour, the talkbacks extend from educational previews through the end of a run. A designated artist leads the discussion with production personnel and audience.

- *Artist Performer Panelist (participated in more than 30 talkbacks)*

God's Love We Deliver, New York, NY

God's Love We Deliver improves the health and well-being of men, women and children living with HIV/AIDS, cancer and other serious illnesses by preparing and delivering nutritious, high-quality meals to people who are unable to provide or prepare meals for themselves.

- *Food & Gift Bag Preparation*

Reach Out and Read Program, New York, NY

The Read Outreach Program is a Children's Literacy Program that provides volunteer story 'Readers' for underserved children in urban hospitals.

- *Reader (children, ages 3-10)*